## Mount Rosary Hospital presenting -Mega Health Camp- 2021

On December 6, 2021, Sunday, the health camp went on successfully, in an organized manner, people from all the age groups visited the consultants and had a thorough check-up, and follow-up program was assured.

The camp started at 10 am in association with Catholic Sabha Moodbidri Deanery, the event started with invocation of God through prayer song, by Sr. Celestine and group, followed by welcome speech by Sr. Diana, the Hospital Administrator, Sr. Diana addressed the dignitaries on the dias and gave a meaningful description of the hospital, she expressed that the hospital has been catering the needs of the Moodbidri region since 84 years, and till date, strive to serve the needy in promoting health with a motto of Care with Compassion, and thus the reason for having a Health Camp, So that under one roof holistic health care is provided.

The members on dias were:

Msgr. Edwin C.Pinto, the founder of Mount Rosary Hospital, Sr. Diana, the administrator, Fr. Deepak Noronha, the director of Catholic Sabha Moodbidri Deanery, Mr Manu Cutinha the president of Catholic Sabha Moodbidri Deanery, Mr Sunil Mendes the member of Trustee, Engineer, Mount Rosary Hospital, Mr. Ronald, eye glasses donor, and Opthalmologist.

The program was illuminated with the lamp lighting ceremony.

Fr. Deepak, beautifully expressed the care and service rendered by Mount Rosary Hospital, he testified that during the season of COVID pandemic, he himself was treated and cared in a special way; he congratulated the team, and blessed to continue the service.

Msgr. Edwin Pinto, he highlighted the situation in 1980s which forced Catholics to unite one roof to address their problems. He asked Catholic Sabha members to work selflessly for the society reflecting Christian values in their life. The hospital will soon be allocating Dialysis unit, in order to cater the ailments related to kidney, the poor may not be affordable to get this facility, so as a movement all the people can unite as catholic sabha, and collect fund for the poor so they too may be healed by availing lifesaving facilities like dialysis, operation and ventilator.

During this occasion, Health card of Mount Rosary was inaugurated gracefully by Mr. Sunil and Fr. Deepak Noronha. The guidelines were clearly explained by the Nursing Superintendent Mrs. Sherine.

The health card was given free of cost for all the members who were present at the camp, the data of the members were saved digitally.

Dr. Sushanth, ENT specialist of Mount Rosary Hospital gave health education on how to protect ears and when to see a doctor when there is hearing issues, he explained that most of the time the family members take step in treating their own method, after all failed they come to the doctor, he urged that this action may lead to hearing loss. He concluded with importance of availability of hearing aids can be given for the deaf, so they too may get back their hearing sense.

Sr. Diana thanked the management, staff of mount rosary hospital, the members who did the campaigning well, the Catholic Sabha Moodbidri Deanery, the people who helped in making this camp a success. The health camp committee remembered their member and director Sr. Priscilla Dmello for helping for the camp backend as she was not able to attend the camp. The committee is grateful to our director and most of the people who attended camp enquired about Sr. Priscilla.

We remember in a special way all the benefactors and donors during this event, because all this were possible because of their dedication.

Health Camp registration counter was open after the inauguration.

During the Health Camp, Mr Mithun Rai, visited the hospital and appreciated for doing such noble deed.

There was breakfast service for all people who attended the Health Camp.

At the entrance there was a registration counter, where the people could register, get a token and a card to enter the vital problems and vital parameters, followed by a thorough health check was done by 2 Physicians, in 2 different counter, and vital signs including BP and sugar were checked and free consultation given, like wise there were different spacious sophisticated rooms for specialized doctors to check the patient.

S.No	Consultant/ Specialty	Number of benificiary
1	Dr. Harshith Shetty/Paediatrics	11
2	Dr. Ramesh and Dr.	20
	Joylene/Gynaecology	
3	Dr. Vivian/Orthopaedics	128
4	Dr. Sushanth/ENT	22
5	Dr. Sheldon/General surgery	3
6	Dr. Nischith/Urology	3
7	Dr. Anusha and	24
	Dr.Adrian/Dermatology	
8	Opthalmology	145
9	Medicine	99
10	Dr. Libin Mathew/Physiotherapy	4
11	Speech and hearing	4
12	Free Bone Mass Density check upnto	128
	detect bone porosity and calcium	
13	ultrasound	20
	TOTAL	611
14	Laboratory tests with 25 % discount	51

The main specialty and the number of patients benefitted are:

15	X-Ray with 25% discount	8
16	Free ECG test	39
17	Sugar test	73

The above data proves that people from all age group availed this facility and reaped a healthy lifestyle and screening; there is detailed demographic data and consultation sheet recorded in the medical records, to follow-up further as well.

The grand success of this health camp was possible with the structured process:

- 1. Meeting with trust members, Catholic Sabha Moodbidri Deanery, Moodbidri, Meeting with local leaders, Ambulance drivers, Parish Priests, Religious priests, Police and self-help groups and the staff of Mount Rosary Hospital.
- 2. Plan for Health Camp- Date fix
- 3. Information, announcement, campaigning and media
- 4. Mount Rosary Staff as family and volunteers were given responsibility
- 5. Flow chart of where what is happening
- 6. Performance of procedure, recording, reporting and hospitality
- 7. Follow-up.









