

Dear friends,

Greetings of the season. Wishing you a blessed Easter filled with love, peace, and happiness. May this Easter bring you new hope, new faith, and new beginnings. Hoping all are in good health praying for you and your family always. I am also doing well over here

Myself Sr. Akshatha Itoric D'Souza, HMR. doing my final year medical studies in St John's medical College hospital Bangalore. I have successfully completed my third year and from month of March it's been fourth year. Thank you so much for all your prayers and support in my studies. This year I have all the clinical subjects to learn; General medicine, General surgery, Obstetrics and gynecology, Orthopaedics, paediatrics and other sub subjects. all the subjects are very interesting but at the same time difficult to learn but with the help of our professors and by interacting with the patients every day in outpatient department and in wards am gaining confidence to achieve my goals to be a good physician.

Every day we have classes, tutorials, clinics, bedside classes and we are allowed to see surgeries in operation theatre. All these things are helping me to learn and increase my interest in the field of medicine. Am really grateful to God for everything in my life My congregation Sisters; Sisters of helpers of Mount Rosary, are always ready to support and help me in our need by their prayerful support, and I am also thankful for my parents and friends for their presence and specially You my friends thank you so much may God bless us always with His marvellous blessings.

I am taking this opportunity to tell you about the environmental conditions here in India specially in South India temperature is rising day by day due to global warming and it's around 35 to 40 degrees. heat is unbearable and we are praying for rain and for farmers who are in need and all things fine over here. How about there? Hoping everything is steady.

Once again thank you so much for your incredible help and support in my studies, I assure I will do my best to study well and to help poor and needy people around me. Wishing you and your family all goodness and God's blessings, may your heart be filled with joy and laughter.

Your Faithfully,

Sr. Akshatha Itoric D'Souza HMR.