

Congregation of the Helpers of Mount Rosary



Alangar, Moodbidri-574227, D.K. Karnataka-INDIA

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Superior General

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Dear Mr. Franz Joseph Heurs, Mr. Alfonse and Anne, and Friends,

Warm Christmas greetings and joyful New Year wishes to you all.

At this blessed season of Christmas, we thank God for the gift of His Son, Jesus Christ, the Word made flesh, who teaches us love, compassion, sacrifice, and service. May God's Word continue to guide and strengthen you in the coming New Year.

I am happy to share a brief glimpse of our Mount Rosary Institutions. Our institutions are well taken care of under the dedicated service of Sr. Prescilla D'Mello and Sr. Leena. There has been much improvement in the surroundings, and the sisters strive to do good to all the inmates, especially at St. Anne's Home and in the old age homes for both women and men. Their loving care and commitment are truly visible.

Our HMR Sisters are presently serving in around 20 communities, including missions in European countries. Last year, we began a new mission in the Diocese of Gulbarga, where our sisters are working in a school. This is a mission diocese with very few Catholics. In the area where our sisters serve, there are no Catholics at all and the region is predominantly Muslim. The people face many challenges—economic, social, and health-related—and much developmental work is still needed. Our sisters are very happy to serve there and work hard in the fields of education and social upliftment.

Another mission started last year is at Karwar, North Karnataka, where the sisters are involved in social work and also assist at the Bishop's house. This mission has been a blessing to our congregation, as we have received a few vocations from this diocese. This year too, we are grateful to have new vocations.

I would also like to share about our medical sisters. Sr. Akshatha is presently doing her bond service in Chattisgarh, in a hospital run by sisters. Reaching this place itself takes two to three days by train. It is a very challenging mission, yet she is doing excellent work, handling patients with dedication and gaining valuable experience.

Sr. Geswine is posted at the Ursuline Sisters' Hospital, Mysore. She is very happy in her service and gains experience not only in patient care but also in surgeries and operations. She feels more confident now and hopes to serve effectively in our own Mount Rosary Hospital in the future. Besides their work both of the sisters are preparing for NEET Post-Graduation. We are truly blessed by your appreciation, prayers, and generous support, without which this dream of having our own doctors would not have been possible. I personally remember you all every day in my prayers.

Our Sponsored Children Programme continues to be a great blessing. The children and their families are very happy, as this support helps them carry heavy economic burdens. Many of these children are bright and dream of achieving good professions in the future.

Some of the newly sponsored families are extremely poor and at times struggle even for daily food. Because of your generosity, they feel supported, hopeful, and loved. This Christmas, all the sponsored children have written letters conveying their Christmas and New Year wishes.

This year, we welcomed 12 new candidates, along with 13 students, 5 pre-novices, and 4 novices. All are doing well and have conveyed their greetings and gratitude. Our Founder, Rev. Fr. Msgr. Edwin Pinto, sends his heartfelt Christmas and New Year wishes to all our Mount Rosary friends. He thanks you sincerely for your constant support and assures you of his daily Rosary prayers for your intentions. He sends his blessings to each one of you.

A very special word of gratitude goes to Mr. and Mrs. Alfons and Anne Rashe. You are truly God's instruments for Mount Rosary, especially through the Sponsored Children Programme. Despite your busy schedules, you make many sacrifices and put in great effort every day for Mount Rosary. Your love, concern, and dedication are deeply felt. As Jesus promised, your generosity will surely be rewarded. We pray that God grants you good health and many more years to continue serving the poor and needy.

I would also like to mention Sushma Suares, who completed her General Nursing studies with us. For family reasons, she chose to return home to take care of her parents. We respect her decision and wish her God's blessings.

Once again, I thank each one of you for your love, prayers, encouragement, and generous support. Our hearts are united in sharing God's love with the poor and needy. May the coming year bring renewed strength, peace, and joy as we continue our humble service with love and compassion.

With gratitude and prayers,

Yours sincerely,



Sr. Suneetha Dsouza
Superior General
Helpers of Mount Rosary
Alangar, Moodbidri-574227